



### **SPRING BREAK READING**

Come to the Library Learning Commons and check out up to five books for holiday reading. All books checked out from now until Spring Break are due after the break. Search our catalogue and place holds here [Port Moody Secondary Library Learning Commons - Home \(sharepoint.com\)](#)

### **ATTENTION ALL STUDENTS**

Counsellors and the IB Coordinator will be unavailable to respond to email or requests for references over spring break. If you have a request or inquiry, ensure that you make it early this week. Email responses will occur on our return March 27, 2023.

### **SEMESTER ONE ART STUDENTS**

Thank you Semester one art students for letting us display your work. Please get your folder from the art room and take both conte' and comic home.

### **TRACK AND FIELD**

Track and Field Sign Up. See Mr. Sawchuk in the gym during Flex to sign up

### **PAST YEARBOOKS FOR SALE**

Yearbooks from 2018, 2019, 2020, 2021 are on sale for **\$25 CASH ONLY**. Please come by the office to purchase one during lunch or after school.

## **ONGOING**

**PARENT FORMS & STUDENT FEES:** School District 43 uses the KEV School Cash Online (<https://sd43.schoolcashionline.com>) for both fee statements and District Policies forms.

**STUDENT PARKING PASS:** If you will be parking in the lower parking lot please come to the office at lunch or after school to pick up a Parking Registration form.

**PMSS TIMES NEWSLETTER:** The PMSS Times newsletter will be emailed to parents and students on **Tuesdays** and **Thursdays**. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and in the Library Learning Commons beside the circulation desk.

## **CAREER CENTRE**

**Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs**

### **PMSS Career Resource Centre**

**Room: 3066.** Open from 8:00am – 3:30pm Monday-Friday.

If you have any questions or to book an appointment, please feel free to email Ms. Rose at [jorose@sd43.bc.ca](mailto:jorose@sd43.bc.ca) or call 604-939-6656 ext. 3066. **Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or e-mail Ms. Rose**

### **Virtual / In-person Information Sessions, Presentations & University / College Fairs**

**\*NEW\*** SFU Beedie School of Business Visit March 28<sup>th</sup>, 2023 Room 3035 Career Resource Centre, students will be able to drop-in and chat with the student recruiter if they have any questions pertaining to their application or if they have general inquiries.

**Upcoming UBC Engineering Events in 2023** Visit, [Upcoming events to share with your students \(envoke.com\)](#). The following virtual and in-person events with any of your students that might be interested in learning how they can change the world and make a positive impact as future engineers.

The **Berkeley Changemaker** pre-college track offers international and domestic high school students the opportunity to live on campus and enjoy the summer at Berkeley. The goal of the Berkeley Changemaker pre-college experience is to inspire students to think more entrepreneurially and critically to impact positive change, no matter where their aspirations may lead them! In addition to a sound curriculum, students will also have the opportunity to participate in social activities, scavenger hunts and local excursions while building an amazing network of friends and colleagues from around the world. For more details see [UC Berkeley Changemaker Pre-College Flyer](#) Application deadline is March 14, 2023.

The **Université de Montréal** is proud to launch its much anticipated second **Summer Immersion Program!** When you're a student, nothing says summer like discovering the world, experiencing life and exploring new interests. What is the Summer Immersion Program? It's an **immersion program for young people aged 15 to 17** from around the world who want to step into the fast-paced university world and join the student community of tomorrow. **From July 15 to 29, 2023**, they can walk in the shoes of UdeM students during a memorable stay on a charming university campus, at the foot of iconic Mont Royal and just a stone's throw from a culturally vibrant downtown. To learn more [Summer Immersion Program \(umontreal.ca\)](#). Application deadline is April 1, 2023.

**University of Waterloo** Info session in the drama room. Thursday March 30<sup>th</sup> at 11:40 am – 12:25 pm. The presentation will be what the next steps should be after applying and when you can anticipate hearing from them as well as answering some of your questions.

## **General Learning Opportunities**

**22+ TRADES TRAINING PROGRAMS**, Visit "["TRAIN in Trades" Programs - School District No. 43 \(Coquitlam\) \(sd43.bc.ca\)](https://www.sd43.bc.ca/training)

**Contact: Ben King** Career & "TRAIN in Trades" Coordinator 778-984-1354 [bking@sd43.bc.ca](mailto:bking@sd43.bc.ca)

**HEADSTART IN ART PROGRAM** Emily Carr University of Art + Design and Coquitlam School District #43 are pleased to announce the continuation of a partnership that will see ECU offer a first year studio course, taught by Emily Carr at Gleneagle Secondary School in Fall 2023. **For further information contact: Admissions:** Emily Carr University of Art + Design 604.844.3897 | [admissions@ecuad.ca](mailto:admissions@ecuad.ca) Ben King SD43 Coquitlam 778-984-1354 | [bking@sd43.bc.ca](mailto:bking@sd43.bc.ca) **APPLICATION DEADLINE:** MAY 26th, 2023. [Career & Trades Programs - School District No. 43 \(Coquitlam\) \(sd43.bc.ca\)](https://www.sd43.bc.ca/career)

**BCIT's ACE Microcredential** – Summer 2023 (Pilot). Are you interested in Architecture, Construction or Engineering? The **ACE Microcredential – Introductory Design and Technical Skills for Architecture, Construction and Engineering**, is a unique work-based entry level educational program designed to introduce high school students graduating and recent high school graduates to the worlds of Architecture, Engineering and Construction. Students will be introduced to skills, concepts and terminologies used in these sectors, participate in site visits, work on both physical and digital models, and hear from leaders in these professions. The ACE Microcredential is delivered to students in a blended format, which includes classes held at BCIT's Burnaby campus, virtual learning through BCIT's Learning Hub platform, and fieldtrips to local design firms and construction sites. The aim of the program is to build an understanding of the spectrum of careers that exist within these fields and to prepare students to explore those careers via this unique immersive polytechnic program. Following completion of the ACE Microcredential, successful students would then continue on with a related Certificate program that begins September 2023 and runs for one year, which includes paid internships with local companies in the construction, architecture and engineering fields. Program runs from July 10 to August 4, 2023 (4 weeks, full-time) at BCIT's Burnaby campus. The deadline to apply is **April 30, 2023**. For more information contact: **Doug McLean** ([dmclean@sd43.ca](mailto:dmclean@sd43.ca)) / **Ben King** ([bking@sd43.ca](mailto:bking@sd43.ca)) or **Ann Martineau** ([amartineau@bcit.ca](mailto:amartineau@bcit.ca))

Are you a student who is entering Grade 10 or 11 and interested in nature, first peoples knowledge, and good food? Join **Fresh Roots** for a unique 6-week summer leadership and employment program. You will also complete a full four-credit course in a locally developed course, [Self-Efficacy 10](#) or [Self-Efficacy 11](#). Self-efficacy is about believing in and refining your ability to achieve something. Upon program completion, students will receive full credit and a final mark on their school transcript (If you have already completed these two courses, contact Murray Peters, Summer Learning Principal, [mpeters@sd43.bc.ca](mailto:mpeters@sd43.bc.ca) to discuss an alternative arrangement for course credit). For more information and to apply visit, <https://freshroots.ca/soyl/>. Applications are being accepted until **April 15, 2023**. If you have any questions about the SOYL Program and Self-Efficacy Gr 10/11 Course, please email [soyl.suwalkh@freshroots.ca](mailto:soyl.suwalkh@freshroots.ca) or phone Fresh Roots at 778 764 0344 ext 102.

**Justice Institute British Columbia** Interested in a career in law enforcement? Whether you want to be a police officer, sheriff, or a border officer, you can learn what it takes to be a successful recruit at their upcoming career fair. At the career fair you can ask questions about the various careers in the field and the education and training required. You can also meet with representatives from the Law Enforcement Studies Diploma program, RCMP, Canada Border Services Agency, Vancouver Police, Surrey Police Service, Delta Police, New Westminster Police, BC Corrections and Probation, BC Sheriff Service, Surrey Crime Prevention Society, E-Comm 911, private security companies and more. To register, register to attend: <https://www.eventbrite.com/e/law-enforcement-studies-career-fair-tickets-560725704677>  
**Date and time** Mon, March 20, 2023, 11:00 AM – 2:00 PM PDT **Location:** JIBC New Westminster 715 McBride Blvd New Westminster, BC V3L 5T4

**BCIT 2023 Biotechnology Career Awareness Program.** The program is directed at Grade 10, 11 and 12 students with an interest in science and is built on a partnership between BCIT, Life Sciences BC, local biotechnology companies and participating school districts. Priority will be given to those in Grade 12 because they will be graduating this year. For more information, visit [BCIT 2023 Biotechnology Career Awareness Program](#) . Qualified students send application forms to [kathy.white@bcit.ca](mailto:kathy.white@bcit.ca) by MONDAY, MARCH 13, 2023.

**Camp Ignite** is Calling all grade 11 & 12 girls in B.B. Do you have an interest in exploring the limits of your potential? You are invited to share this unique experience while working with a team of like-minded friends who share your passion for challenge and adventure. **Camp Ignite** is a youth firefighting mentorship program for grade 11 & 12 girls. **Applications opened February 1, 2023.** To be considered for participation please complete the Camp Ignite Participant Application Form-2023 and email it to [info@campignite.com](mailto:info@campignite.com) by **April 1st, 2023**. **Application form and for more information visit,** [Camp Ignite - Camp, Firefighting, Summer Camp](#)

**The African Ancestry Project.** Are you a BIPOC person living in BC between the ages of 15 and 19? Interested in meeting and connecting with like-minded peers who similarly come from diverse cultural backgrounds? Join the [BC Black History Awareness Society](#) and the [SFU Morris J. Wosk Centre for Dialogue](#) (CFD) for the [African Ancestry Project's Youth Dialogue Series](#) and unpack what it means to belong in a country known for being diversely multicultural. They are recruiting 40 BIPOC youth of and between ages 15 and 19 years across the province. Participation for each event is Free and includes workshop training, a physical copy of the project report "Worlds Within: Diverse Histories, Identities & Experiences of Black People of African Ancestry in British Columbia," and a certificate of participation. When: May 6, 2023. For more information and to apply visit, [African Ancestry Project, Youth Dialogue Series Registration form \(google.com\)](#)

### **SFU Upcoming STEM workshops & events**

**STEM Speaker Series - Sustainable Energy Engineering** **Date:** Mar 11, 2023 (Saturday) **Time:** 1-2 pm **Delivery:** Online via Zoom **Grade:** 8-12 **Cost:** Free **Sign-up link:** <http://websurvey.sfu.ca/survey/442422899>

**Community Data Science - Spring 2023** Date: Mar 11, 18, 25, Apr 1, 15, 22, and 29, 2023 (Saturdays) Time: 10-11:30 am  
Delivery: Online via Zoom Student: Trans and cisgender women, non-binary and Two Spirit students in Grade 9-12

Cost: Free Sign-up link: <http://websurvey.sfu.ca/survey/441802144>

**Invent the Future 2023** Invent the Future is Canada's first and only three-week summer enrichment program focused on bringing Artificial Intelligence (AI) expertise, community, and mentorship to trans and cisgender women, non-binary and Two Spirit students in Grade 9-12. This year's program will run synchronously from July 10-28, 2023 with some asynchronous activities taking place a week before. Check out last year's program schedule using this [link](#). Date: July 10-28, 2023 Time: 9 am-12 pm PST Delivery: Online via Zoom Student: Trans and cisgender women, non-binary and Two Spirit students in Grade 9-12 \*Please note, accepted students will complete a pre-program Python workshop from July 4th to 7th. The learning materials will be delivered online synchronously and asynchronously. Program website: <http://www.sfu.ca/fas/invent-the-future> Application link: <https://coursys.sfu.ca/forms/apsc-sfu-invent-the-future-student-application/> General admission deadline: March 27, 2023 @ 11:59pm PST Program Fee: \$500, paid upon being admitted into the program. If you are seeking a financial bursary, a separate form will be sent to you after acceptance.

### Game Design and Dev - Spring 2023

Date: Mar 11, Mar 18, Mar 25, and Apr 1 (all Saturdays)

Time: 10-11:30 am

Delivery: Online via Zoom

Grade: 8-11

Cost: Free

Sign-up link: <http://websurvey.sfu.ca/survey/439714738>

## Volunteer/Employment Opportunities

**\*NEW\*** [Careers and Job Opportunities | Cactus Club Cafe](#) **NATIONAL HIRING FAIR March 15 | 9-11am + 2-6pm March 18 | 9am-2pm** They are hiring for all positions at all locations. Register at, [Hiring Fair | March 2023 - Cactus Club Cafe](#)

**\*NEW\*** **Westwood Plateau Golf and Country Club** conducting their last day of Hiring Fair this coming **Saturday March 11th, from 10AM to 12NN**. Where: Westwood Plateau Golf & Country Club 3251 Plateau Blvd., Coquitlam, BC. **What to bring:** Resume/s, please bring more than one copy if you wish to apply to several departments. The following departments with open positions are Turf Care (Driver's License required), Golf Operations, and Kitchen.

**SFU Volunteer Summer 2023** Volunteering for SFU Camps offers practical experience in a safe and fun environment. Volunteers will get an opportunity to work with children and youth, build leadership skills, meet new people and have a rewarding summer as part of SFU Camps & Youth Programs! SFU Camps recognizes outstanding volunteers, provides reflective evaluations and confirmation letters. They also provide career workshops and the top volunteers are encouraged to apply to become camp instructors in future years! **Application Period:** February 10, 2023 - April 17, 2023 at 11:59 PM. For more information and to apply visit, [Volunteer Opportunities - SFU Camps - Simon Fraser University](#)

**2023 Playland Summer Jobs.** They are looking for over 200 enthusiastic and motivated individuals to join our Games, Rides, Guest Experience, Playland Maintenance, and Food & Beverage teams for this year's exciting Playland season. To apply visit, [2023 Playland Summer Jobs in Vancouver, British Columbia | Careers at Pacific National Exhibition \(icims.com\)](#)

**Rainforest Adventure Camps**, Adventure Play Care Society [www.RfCamps.com](http://www.RfCamps.com). Are a non-profit that has been providing camps for ages 5-12 and other programs in the Tri-Cities since 2019. Their goal is to empower and inspire youth and create community. They are always looking for kind, patient, and respectful people to volunteer for the activities they offer. Activities at camp include swimming, boating, laser tag in forests, parachute games, tag games, Capture the Flag, sports, board games, card games, hiking, arts and crafts, and more based on the interests of participants. Their out trips include White Pine Beach, the Coquitlam Aquatic Centre, Poirier Pool, Crash Crawly's, Buntzen Lake, Rocky Point, and more. If you are interested email <http://www.rfcamps.com/Contact-Us/> indicating your interest.

**The Royal Soccer Club**, a registered non-profit organization is excited to host our 31<sup>st</sup> annual grassroots summer day camps to children aged 5 to 13 in your community. They have an amazing opportunity for students to **volunteer** at their camps this summer. Their program is designed to promote personal development, team building and of course, FUN! Offering full day and morning sessions to all children aged 5 to 13, the program runs all weeks in July and August. Candidate can apply by visiting the EMPLOYMENT page on their website [Home - Royal Soccer Club](#).

**Port Coquitlam Recreation** is excited to be offering several volunteer opportunities for people 14+ years of age beginning this over Spring Break and into the Spring, with opportunities for community members to build their resumes, develop their leadership skills and connect with their community. Applications are now available on our website at [www.portcoquitlam.ca/volunteer](http://www.portcoquitlam.ca/volunteer).

**2023 Vancouver International Children's Festival** is interested in onboarding a few **Key Volunteers (KV's)** right away, who can begin working within your school to recruit and screen more volunteers. **KVs** generally work around 20 hrs in advance of the Festival, and then transition into Crew Captain roles onsite during the Festival. Serving as a KV and/or Crew Captain provides very strong leadership and communications experience, plus being creative and fun. Any Volunteer who completes over 24 hrs of service will receive a personal reference letter from the Festival. If you are interested, please contact Ms. Rose at [jorose@sd43.bc.ca](mailto:jorose@sd43.bc.ca) or call 604 939 6656 ex. 3066

**Sky's No Limit - Girls Fly Too!** April 29-30, 2023 Main event days **volunteer** areas include: Passenger/Volunteer Check-In, People/Traffic Control, Motorcycle Security, Helicopter Support Crew, General Help. **Contact:** [www.girlsfly2.ca](http://www.girlsfly2.ca)

**Port Moody Winter Farmers Market (Volunteer) For:** Youth 13+ **Runs:** Every Sunday from Nov 6 2022 – April 30th 2023 between 8:00am – 3:30pm (2 hour shift minimum) **Where:** Parking lot of 300 Ioco Road [2022-23 Port Moody Winter Farmers Market - Volunteer Interest Form \(google.com\)](#)

## **Scholarship / Awards**

**2023 Port Moody Secondary Scholarship Package – Grade 12 PMSS LOCAL, DISTRICT AND EXTERNAL SCHOLARSHIPS AND BURSARIES PROGRAM.**

**Local and District Scholarships:** Apply using Port Moody Secondary School universal application form.

**External Scholarships:** Apply using separate application form. These scholarships have separate application forms and different deadlines.

To view the package and to apply, [PMSS LOCAL and DISTRICT SCHOLARSHIPS AND BURSARIES PROGRAM \(sd43.bc.ca\)](#).

**\*NEW\* Resolute Legal Disability Lawyers Scholarship.** Are you a high school student pursuing post-secondary education? Do you have a parent or guardian who has a disability? If so, you may be eligible for a \$2,500 scholarship. In accordance with their mission, the students must have a parent or guardian who is unable to work due to a disability.

**Application deadline:** June 1, 2023, at 11:59 p.m. No applications will be accepted after this date. To apply and for more information visit, [Resolute Legal Disability Lawyers Scholarship - Resolute Legal Disability Lawyers](#)

**Canadian Scholarship Trust Foundation (CSTF) and myBlueprint** partnered once again to give away bursaries!! The bursaries are intended for students who can demonstrate financial need, and whose financial need may make it difficult for them to access post-secondary education. Students must be the first generation in their family to attend post-secondary education. There are 25 bursaries available - each valued at \$6,000. The funds can be used to cover the cost of tuition and related expenses such as books, supplies or living expenses. Deadline to apply April 14, 2023. To apply and for more information visit, [2023 Financial support for post-secondary education \(myblueprint.ca\)](#)

**Manulife** will award scholarships in the amount of \$10,000 each annually to successful applicants. **Manulife Life Lessons Scholarship Program** has introduced the first Life Lessons Scholarship Program in Canada, for students who've experienced the death of a parent or guardian with little to no life insurance. The Scholarship Program helps combat the financial burden of paying for post-secondary education during an emotional time and recognizes the perseverance that so many youth show in such adversity. The Manulife Life Lessons Scholarship Program is committed to student success and helps support students financially, making the decision to attend and finish a college, university or trade school program a little easier. Deadline March 31, 2023 8:00PM Eastern Time. To apply and for more information visit, [Manulife Life Lessons Scholarship for Students](#)

**Skills For Hope Foundation Developing Skills, Changing Lives.** [Skills For Hope Foundation Scholarships - Student Awards](#) are being awarded to individuals who have demonstrated the ability to overcome challenges, active involvement in the community or volunteerism, and are currently studying or accepted at post-secondary educational institutions in Canada. [Apply for Scholarships | Skills For Hope Foundation](#) application deadline March 19<sup>th</sup>, 2023.

**The Confratellanza Italo-Canadese** was founded in 1904 and is committed to the preservation of Italian cultural heritage and contributing to the enrichment of the multicultural community in the Greater Vancouver area (for more information about us visit our web site at [www.confratellanza.com](http://www.confratellanza.com)). This year they are offering several \$1,000 scholarships to assist eligible students in their post-secondary studies:

The scholarships are open to this year's graduating secondary school students planning to enroll in a post-secondary educational institution for the first time in 2023. To be eligible for this scholarship candidates must 1) be of Italian origin i.e. as having at least one parent or grandparent of direct Italian descent, 2) be living in a city or municipality within the 21-member Greater Vancouver Regional District, 3) have an academic standing sufficient to qualify for entry into the post-secondary institution of their choice, and 4) submit a completed application form with supporting documentation post-marked no later than **June 15, 2023**. To apply, [Scholarship Application – Confratellanza](#)

**The Theatre Society Legacy Fund – Arts Education Bursary** - Bursaries of up to \$2,000 each are available for students who have graduated or plan to graduate this year from a high school (public or private) in the Tri-Cities region (Anmore, Belcarra, Coquitlam, Port Coquitlam and Port Moody). **The Theatre Society Legacy Fund – Arts Education Bursary** is intended for a student enrolled at a CRA-recognized post-secondary institution in [Canada](#) or [internationally](#) in a formal arts program anywhere in the world. Annual Bursary Application Intake: April 19<sup>th</sup> – May 31<sup>st</sup>. For more information and to apply visit, [TSLF Bursary – PoCo Community Foundation \(pocofoundation.com\)](#)

**The RE/MAX Quest for Excellence Scholarship Program** is a great opportunity for grade 12 students to earn a cash scholarship in recognition for their ongoing community contributions and pursuit of leadership. RE/MAX Canada will award 40 scholarships of \$1,000 each to students across Canada (except for Quebec). Participants must be a Grade 12 student attending high school in the 2022/2023 academic year, who have not previously participated in graduation commencement ceremonies in the past. Eligible students are invited to write and submit an online essay\* up to 1,250 words in length, answering one of the following questions:

- What does a “bright future” look like for you?
- How have you demonstrated leadership or charity within your community to make it a better place?

- How can we ensure fair and affordable housing for all Canadians?

To apply, students are to submit their essay online: [https://rem.ax/2023\\_QE\\_Entry\\_Form](https://rem.ax/2023_QE_Entry_Form)

**DEADLINE TO APPLY: MARCH 13, 2023**

**Eagle Ridge Hospital Auxiliary** was formed in 1976 and is a volunteer service provider and fundraising organization supporting Eagle Ridge Hospital. **The Auxiliary will award** two Bursaries of \$2,500 each to two graduating Tri-Cities Students planning to pursue their post-secondary school education in the field of health care. Funds are awarded at the discretion of the Auxiliary's Bursary Committee. Bursary monies will be paid directly to the post-secondary institute the winner will be attending.

Applicants must be a Tri-Cities (Coquitlam, Port Coquitlam, or Port Moody) resident for a period of not less than two years and be planning a post-secondary education in the field of healthcare. Successful candidates must provide proof of registration from their chosen post-secondary institute by September 15th of this year. Failure to do so will result in the forfeiture of the award. Candidates will also be required to provide their Social Insurance Number to the Auxiliary for Income Tax purposes.

To apply and for more information visit, [2023-STUDENT-BURSARY-APPLICATION.pdf \(erha.ca\)](#) Closing Date MARCH 31ST. 2023

**Trevor Linden Community Spirit Scholarship** rewards students who have demonstrated outstanding leadership abilities and exemplary contributions and commitment to enriching the lives of others in the community. The Trevor Linden Community Spirit Scholarship recognizes four student leaders in the province of British Columbia who are entering their first year of post secondary education. Submit application by May 1<sup>st</sup> 2023 5:00pm. To apply and for more information please visit [Trevor Linden Community Spirit Scholarship | Vancouver Canucks \(nhl.com\)](#)

**BCIT** is pleased to announce that the following Entrance Awards are available to students who are planning to attend our institute starting *May 1, 2023 to April 30, 2024*.

- Up to 25 BCIT President's Entrance Awards, available only to current High School students
  - Valued up to \$4,000 each.
  - **Deadline: April 15, 2023**
- Over 100 additional BCIT Entrance Awards
  - Some valued up to \$18,000 each.
  - **Deadlines: April 15 and/or October 1, 2023**

More information about BCIT Entrance Awards and the application forms can be found at [bcit.ca/financial-aid](http://bcit.ca/financial-aid).

**The Coquitlam Teachers' Association** Awards and Bursaries are available to SD43 students. The deadline to submit applications (other than the Roy Krutow) to the CTA is June 1. For more information and to apply, please visit [Forms & Scholarships - Coquitlam Teachers Association](#).

**Coquitlam Foundation Scholarship And Bursary** Primarily distributed to graduating high school students who are in need of financial support, adult learners are also welcomed to apply to continue their post-secondary education. Visit [Bursaries \(coquitlamfoundation.com\)](#) for more details. Application is open from December 1<sup>st</sup> to March 31<sup>st</sup> [Coquitlam Foundation Scholarship and Bursary Application \(airtable.com\)](#)

Since there are multiple bursaries and scholarships to choose from, applicants can apply to any or all that they are eligible for. However, only one scholarship/bursary will be awarded per applicant.

**2023 Horatio Alger Association of Canada Scholarship.** Scholarships of up to \$10,000 are awarded to full-time students grade 11 high school students with financial need (family income under \$65,000) who have demonstrated integrity and perseverance in overcoming adversity, a commitment to pursue a post-secondary education, a desire to contribute to society, and a good academic record. To [apply](#). For more scholarship opportunities visit, [About Our Scholarship Programs - Horatio Alger Association Canada](#). Deadline March 15<sup>th</sup>, 2023

**The TEAL Charitable Refugee Awards.** The TEAL Charitable Foundation (TCF) was established by BC TEAL in 1986 and is registered as a charitable organization with Revenue Canada. TCF's charitable status enables it to engage in fundraising activities to support its mandate. The TEAL Charitable Foundation's mandate is to support the teaching and learning of English as an additional language. Each year, the TCF presents twelve awards valued at \$35,500 each year. The awards are funded through interest accrued from the TCF endowment which is administrated by the Vancouver Foundation. For more information, visit [TCF Awards for Students – TEAL Charitable Foundation](#)

## **PARENTS**

For information regarding **PAC**, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

**Please mark your calendars for upcoming PAC Meetings:**

- Tuesday, April 4<sup>th</sup> at 7pm
- Tuesday, May 2<sup>nd</sup> at 7pm
- Tuesday, June 6<sup>th</sup> at 7pm

## **SOYL Program (Self-Efficacy 10/11) at Millside Centre.**

Tuesday July 4 through Thursday August 10 2023, 9am to 3:30pm Mondays to Thursdays.

- Are you a student who is entering Grade 10 or 11 and interested in nature, first peoples knowledge, and good food? Join Fresh Roots for a unique 6-week summer leadership and employment program.
- Based out of the Suwa'lkh program at [Millside Centre](#) in Coquitlam, the SOYL program empowers youth to steward our schoolyard farm and forest. The focus is on learning, community building, and growing **"Good Food for All"**.
- You will also complete a full four-credit course in a locally developed course, [Self-Efficacy 10](#) or [Self-Efficacy 11](#). Students will be assigned to the [Grade 10](#) or [Grade 11](#) version based on their grade level. Self-efficacy is about believing in and refining your ability to achieve something. In the Self-Efficacy course, students will develop interpersonal and teamwork skills as they work in the SOYL food growing and marketing program. Students will further develop their communication, self-regulation, and decision-making skills, while also engaging in goal-setting activities. Course activities and assignments will be integrated into the daily work and tasks in the SOYL program. Upon program completion, students will receive full credit and a final mark on their school transcript (If you have already completed these two courses, contact Murray Peters, Summer Learning Principal, [mpeters@sd43.bc.ca](mailto:mpeters@sd43.bc.ca) to discuss an alternative arrangement for course credit)
- Click here for the application form: <https://freshroots.ca/soyl/>. Applications are being accepted until April 15, 2023. Please apply only if you are committed to the entire 6-week program and completing course assignments. If you have any questions about the SOYL Program and Self-Efficacy Gr 10/11 Course, please email [soyl.suwalkh@freshroots.ca](mailto:soyl.suwalkh@freshroots.ca) or phone Fresh Roots at 778 764 0344 ext 102

## **AFTER GRAD 2023**

**Grad Parents, After Grad needs you!** We are recruiting parent volunteers to cover the stations at After Grad. Without your help the After Grad festivities cannot happen. Contact Susy Zamprogno for more info: 604-817-7965 or [areia2001@gmail.com](mailto:areia2001@gmail.com)

**Our next meeting is Wednesday, March 29 – 7pm in the library**

Find us on Facebook at: PMSS AfterGrad 2023

Instagram: @pms\_grad\_2023

Please consider supporting one or more of the following fundraisers.

### **FUNDRAISERS:**

**PUB NIGHT:** Tickets are now on sale!

Port Moody Legion  
2529 Clarke Street  
Friday, April 14, 2023  
Cost: \$25.00

Grab your family, friends and neighbour's and join the Port Moody dry After Grad for a burger, fries and a beer. See attached flyer.



**PORT MOODY LIQUOR STORE:**

Ongoing, runs all year. When making a purchase at the Port Moody Liquor Store simply mention that you would like to support PMSS After Grad (**Before Paying**) and they will return a 5% of the sales.

The store is located at 2929 St. Johns Street (same strip mall as the 7-Eleven)

**RETURN-IT (Any location) :**

Ongoing, runs all year. Getting ready for spring cleaning donate your refundable containers to Aftergrad

1. Bring your unsorted containers in a sealed, clear or transparent bag to any Return-It Kiosk.
2. Use the school phone number 604 939 6656 at the Kiosk to access our account "Port Moody Secondary After Grad" and print labels. (1 per bag)
3. Tag and scan bags then place in bins in the back

(Max 12 glass bottles per bag to prevent breakage)

**Online 50/50:** Coming soon to a computer near you..... ticket sales will start in March and the draw will happen in May. Keep an eye on the Times, Facebook and Instagram for details.

**School Cash Online:** <https://sd43.schoolcashionline.com> and select "After Grad Donation"

**ME and ED'S PIZZA NIGHT:** The first Wednesday of each month. Keep an eye on the Times, Facebook and Instagram for the next date.

With appreciation,  
PMSS After Grad Committee

**COMMUNITY**

**SPRING BREAK CAMPS**  
FOR YOUTH 12-17

**FACES AND FIGURES**  
MARCH 13 - 17  
1PM - 3PM

Or

**ART & ARCHITECTURE**  
MARCH 20 - 24  
1PM - 3PM

with instructor  
Christy Dunsmore

Register in-person,  
online, or by phone.

Scan Here to see what we offer!

**POMO ARTS**  
CREATIVITY LIVES HERE

PoMoArts is a community-arts centre that builds diversity through art experiences in Port Moody.  
We are a 10 min walk from Port Moody Secondary School!  
[pomoarts.ca](http://pomoarts.ca) | 2425 St Johns St | Port Moody



**MARCH AT EVERGREEN**

**Join us for tons of family fun at Evergreen!**

It may not feel like spring is on the way thanks to all the snow this week, but the seasons are changing. And that means the return of our annual Spring Break Festival and seasonal camps is almost here!

Click [HERE](#) to explore our upcoming events.



## 2023 Tri City REACH AWARDS

Recognizing Efforts and Achievements Across  
Community & Home

The Tri City REACH Awards recognizes the generous contributions of individual youth, youth groups, businesses, organizations, and adult mentors in Coquitlam, Port Coquitlam and Port Moody who empower, celebrate, and/or impact youth or the community in significant ways. This year's event will celebrate the artistic beauty and magnificence of the Roaring 20's. The Roaring 20's, as well as the Great Gatsby, will inspire the evening's events, décor and entertainment.

**DEADLINE:** Please submit nominations online <https://forms.portmoody.ca/Recreation/2023-Tri-City-REACH-Awards-nomination-form> or in-person by **April 7, 2023**. NOTE: One submission per nominee.

Please nominate a youth or youth advocate who has contributed to the community or positively supported youth (11-18 years). NOTE: All eligible nominees will be recognized and expected to attend the REACH Awards Ceremony on **Wednesday May 3, 2023, 6pm-8pm** at the Port Coquitlam Community Centre – 2150 Wilson Ave)

### **NOMINATION CRITERIA:**

#### **Individual Youth or Youth Groups:**

- Individual youth or members of youth group must be in grades 6-12.
- Examples include:
  - Nominee(s) volunteered consistently on behalf of others, the community, and/or the environment.
  - Nominee has been a positive role model for their peers and/or is committed to community service.
  - Individual has overcome adversity in his/her life.

#### **Businesses or Organizations:**

- Any local non-profit, private or public organizations such as: community service organizations, stores, restaurants or government agencies who have made a positive contribution to youth.
- Examples include: providing funding, space, fundraising initiatives, creating positive opportunities, offering free or low-cost youth programs, specializing in youth employment, influencing safety for young workers, etc.

#### **Individual Adult Mentor:**

- An adult who volunteers or works for the benefit of youth. Nominee must be a positive role model who has made a special effort to support youth in the community.
- Examples include: coach, teacher, youth worker/counsellor, mentor, neighbour, friend, etc.

### **Completed forms can also be sent to:**

**Tara Berdej**  
Phone: 604.927.6002  
[tberdej@coquitlam.ca](mailto:tberdej@coquitlam.ca)



**Corina Lefebvre**  
Phone: 604.469.4562  
[clefebvre@portmoody.ca](mailto:clefebvre@portmoody.ca)



**Emmanuel Addo**  
Phone: 604.927.6932  
[addoe@portcoquitlam.ca](mailto:addoe@portcoquitlam.ca)





**2023 Tri City REACH AWARDS  
NOMINATION FORM**

**NOMINEE INFORMATION: Who are you nominating? Please check one.**

- Individual Youth (Grades 6-12)                       Business or Organization  
 Youth Group     Adult Mentor

**Nominee Name (First & Last name) OR Name of Business/Organization/Youth Group:**

Grade (if applicable): \_\_\_\_\_ School (if applicable): \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_  
Nominee's Cell Number: \_\_\_\_\_ Email: \_\_\_\_\_  
Parent/Guardian: (Name) \_\_\_\_\_ (Phone Number): \_\_\_\_\_

**1.** What qualities, skills and characteristics make this nominee a good candidate for a Tri-City REACH Award? E.g. goal oriented, strong work ethic, ability to work well under pressure, innovative ideas & development.

**2.** List the specific community service/volunteer work that the youth/youth group has accomplished OR list the ways that the business/organizations or adult mentor has supported youth in recent years. E.g. participated in a graffiti removal program, business provided food donations for youth dinners.

**3.** How has the nominee's effort made a positive difference to youth in the community? E.g. volunteered in a soup kitchen and fed over 500 people, provided opportunities for youth to attend special events.

**4.** Other interesting facts about the nominee. E.g. sponsored a child in Africa for three years, loves rock and roll music and plays free concerts in the community.

**Nominator Information:**

Name (First & Last name): \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_  
Relationship to Nominee: \_\_\_\_\_  
Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_  
Affiliated Business/Organization: \_\_\_\_\_

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